

Hosted By: Impact Martial Arts



This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.  
Sanctioned by the Iowa District  
All participants must have a current AAU membership

# 2010 IOWA AAU DISTRICT NATIONAL and AAU JUNIOR OLYMPIC QUALIFIER



2010 AAU Taekwondo  
National Championships  
June 28 - July 3, 2010  
Ft. Lauderdale, FL



2010 AAU Junior  
Olympic Games  
Taekwondo  
Hampton Roads, VA  
July 28, - Aug. 7, 2010

**FOR ONLY ENTRIES RECEIVED BY April 1, 2010 their names will be placed into a drawing for a Flat Screen TV**

\* FORMS

**Certified AAU Taekwondo**

\* OLYMPIC STYLE SPARRING

Coaches will be

\* **POINT SPARRING**

Officials and

Present at the Tournament

**April 10, 2010  
Kehl Arena in the Durgin Educational Center  
on the campus of Ashford University  
400 N. Bluff Blvd. - Clinton, IA 52732**

**Awards: AAU medals for top (4) places in each division. Team trophies awarded to the top (3) schools (Impact Martial Arts will not be eligible). Trophy's awarded to the top Junior (Colored Belt, age 5-17 and Black Belts, age 5-17) and Adult (age 18 and up, both colored belt and black belt combined) in Grand Champion Form Competition.**

**ENTRY FEES: \$50.00 (For 1, 2, or ALL events)**

## REGISTRATION FORM

**ENTRY FEES: \$50.00 (For 1, 2, or ALL events)**

AAU Membership # \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address (City/State): \_\_\_\_\_ Phone# \_\_\_\_\_

Weight: \_\_\_\_\_ Sex: \_\_\_\_\_ Rank/Belt: \_\_\_\_\_

School Name: \_\_\_\_\_ Instructor: \_\_\_\_\_

PLEASE CHECK EACH DIVISION COMPETING IN:

Forms \_\_\_\_\_ Point Sparring \_\_\_\_\_ Olympic Sparring \_\_\_\_\_

**AAU Membership must be purchased in advance prior to the competition start date. Please visit [www.aausports.org](http://www.aausports.org) and click on the Join AAU button. This event is sanctioned by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU membership before the competition begins. Memberships may not be purchased on-site the day of the event. Memberships are available online at the AAU website [www.aausports.org](http://www.aausports.org).**

I understand that Tae Kwon Do is a contact sport and that there is risk of injury. I certify that I have membership with AAU and understand that Impact Martial Arts, Ashford University, and their representatives are not responsible for any injuries I/My child may or may not sustain. I hereby certify that I know and understand the rules, policies, and code of conduct for AAU TaeKwonDo. I certify that I have entered myself/child in the correct age and belt grouping and that he/she is qualified to compete according to the specification outlined in the AAU Handbook. I understand he/she is responsible for producing an AAU Membership Card at registration. I understand that he/she is responsible. I understand that he/she may be eliminated from the competition if I have misrepresented any of the above information.

\_\_\_\_\_  
Athlete, Parent or Guardian's Signature if under 18

**Registration Deadline is April 1, 2010**

Mail Entry Forms and Payment to: **IMPACT Martial Arts**  
David Ludemann  
1032 9<sup>th</sup> Ave N  
Clinton, IA 52732

**PLEASE Call: 563-357-6518 or 563-357-4142**

**Spectators \$5 At The Door (6yrs. and under FREE)**

## **Schedule of Events:**

<b>Registration</b>	<b>7:45 - 9:00 AM</b>
<b>Instructor &amp; Officials Meeting</b>	<b>9:15 AM</b>
<b>Line up of Competitors/National Anthem</b>	<b>9:30 AM</b>
<b>Individual Forms Competition followed by Forms Grand Champion (Black Belts First)</b>	<b>10:00 AM</b>
<b>Olympic Style then Point Sparring (14-17 Black Belts First)</b>	<b>1:00 PM</b>

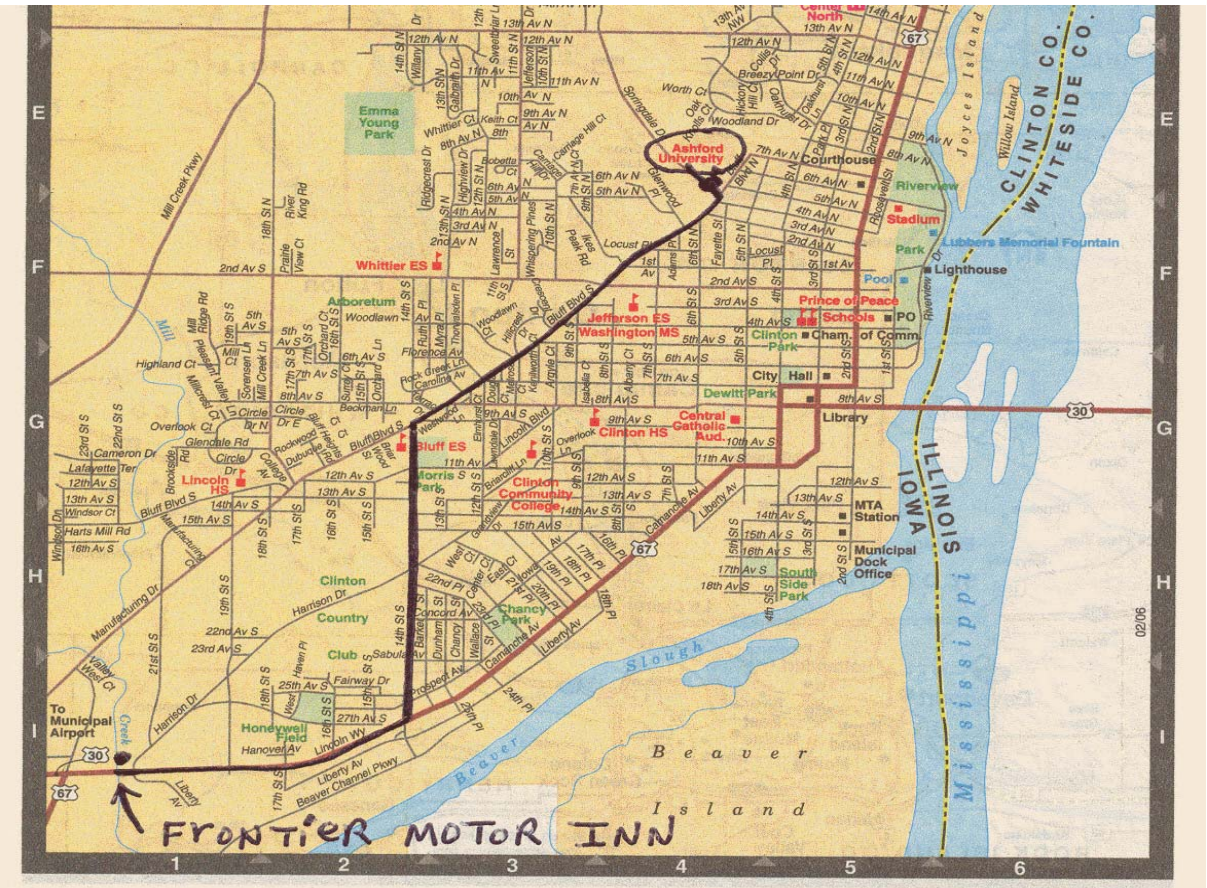
**Rules:** Rules will be conducted to AAU Tae Kwon Do Competition Rules for Forms, Point, and Olympic Style Sparring. AAU Rule Books may be downloaded at [www.aautaekwondo.org](http://www.aautaekwondo.org). Instructors are strongly encouraged to review the rules. This is an AAU Sanctioned Tournament.

**Uniforms & Equipment:** Uniforms – All contestants must wear a clean white Dobok; individual school Uniforms and patches will be permitted for this tournament.

**Mandatory Equipment: Point Sparring** – All competitors must wear full hand and foot protection (red-foamed dipped / vinyl only), head gear (red, white, blue – any color dipped foam only), chest protector (optional), and a mouth guard. Male competitors must wear a groin cup and supporters for all sparring.

**Olympic Style Sparring** – All competitors must wear an Olympic style chest protector, head gear (red, white, blue – any color dipped foam only), shin and instep protectors, forearm protectors, and mouth guard. Males must wear a protective cup supporter.

## MAP TO EVENT



FRONTIER MOTOR INN

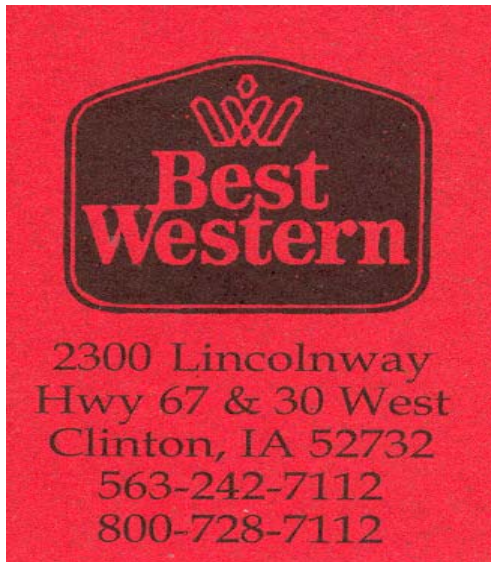
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## Host Hotel Information:



Best Western Frontier Motor Inn – Clinton, IA,  
To book rooms: Call 800-728-7112 or  
563-242-7112  
**(ask for IMPACT Martial Arts Group Rate)**

**You must book your  
reservation by  
March 10, 2010 to guarantee  
room availability.**

- Complimentary Hot Breakfast Buffet
- Indoor Pool & Whirlpool
- Standard Room 2 Dbl. Beds
- Children under age 18 stay Free
- Restaurant & Lounge on site
- Please reserve room by March 10, 2010
- Micro./Refrig. per room